



Mental-Health Clinics

MOUNT FOREST SAME-DAY COUNSELLING

Monday – sessions available 9:30am-3:30pm.

Contact Intake starting at 9:00am on Mondays.

Offered virtually by phone/video at this time.

GUELPH WALK-IN COUNSELLING

Wednesday – sessions available 1:00-7:30pm.

Attend 20 Shelldale Cres in Guelph or contact Intake starting at 12:30pm on Wednesdays.

Offered in-person or virtually by phone/video.

FERGUS WALK-IN COUNSELLING

Thursday – sessions available 1:00-7:30pm.

Attend 900 Tower St S in Fergus (Canadian Tire plaza, office door between Pet Value & Mark's Work Warehouse) or contact Intake starting at 12:30pm on Thursdays.

Offered in-person or virtually by phone/video.

No appointment needed.

Please contact Intake with any questions:

519-824-2431 ext. 36 or

intake@compasscs.org