



Do you want to learn tips on how you can improve your nutrition?



We are looking for **care partners** and **person's with memory problems, cognitive impairment or dementia** to participate in a study

Over 3 visits you will:

- Answer questions about your health and nutrition
- Complete weight, height and muscle assessments
- Record what you eat for 1 day
- Talk with a dietitian on how you can improve your nutrition

Visits can happen at your home if you prefer

In appreciation of your time, you will receive a \$25 grocery or pharmacy gift card or gift of equal value

To learn more about the SCREEN Study please contact:

Nutrition & Aging Lab, University of Waterloo

- Phone: 519-888-4567 ext. 41470
- screen.study@uwaterloo.ca



This study has been reviewed and received ethics clearance through the University of Waterloo (ORE#42827) and University of Guelph (REB#22-07-23)